GIVING BACK Creating Caring Communities Promoting Volunteerism

•INTRINSIC/EXTRINSIC VALUE
•SELECTING OPPORTUNITIES
•CREATING A CULTURE WITHIN
YOUR OWN FAMILY
•LEADERSHIP
•EXAMPLES THAT SHINE

"Happiness doesn't result from what we get, but from what we give"

Ben Carson

Meg Domino, PhD, MCHES, 10-14

START WITH YOUR END GOAL

THINK OF YOUR FAVORITE VOLUNTEER EXPERIENCE

What made your experience memorable?

What made the experience successful for you?

Why is volunteerism, giving back meaningful to you?

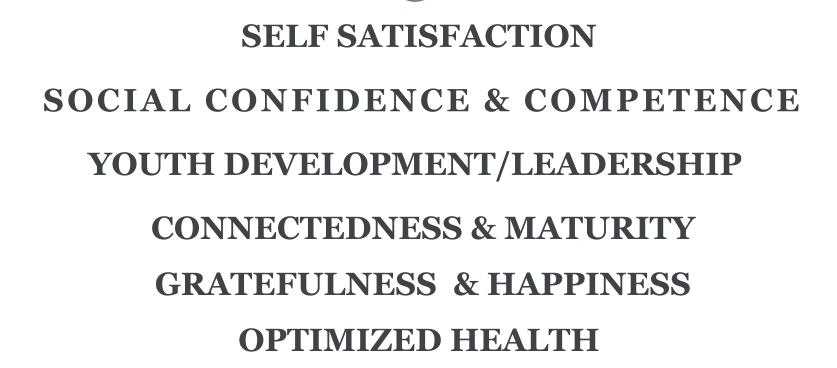
BENEFICIARIES

TARGETED GROUP

VOLUNTEERS THEMSELVES

IMMEDIATE OR LARGER COMMUNITY

Intrinsic Value



Additional Benefits

INCREASES MOTIVATION & AMBITION WE ALL NEED HELP SOMETIMES VALUE OF APPRECIATION WAY TO BRING FAMILIES TOGETHER UNIQUE CONNECTEDNESS (NOT SPORTS, SCHOOL, PEERS)

What are you looking to achieve with your family?

FAMILY CULTURE OF CARING

SOMETHING BIGGER THAN/OTHER THAN 'SELF'
CHARACTER
BUILDING PHILANTHROPIC SPIRIT
EXPERIENCE CONNECTIONS
APPRECIATION/GRATEFULNESS
GRACE & HOPE
REALIZATION OF ABILITY TO MAKE A DIFFERENCE
FAMILY TRADITION

FAMILY & GROUP VOLUNTEERISM

FAMILY VOLUNTEERISM

- O GETS REPEATED
- CONTINUED INTO ADULTHOOD
- SPILLS INTO OTHER FAMILY TRADITIONS

YOUTH GROUP VOLUNTEERISM

- ENGAGING A MUST-DO FOR MANY
- CONNECTION TO PEERS THROUGH GIVING TO OTHERS
- OFTEN ENDS WITH PROGRAM INVOLVEMENT
- LESS OFTEN SPILLS INTO FAMILY, OR TRADITIONS

Added BENEFITS to GIVER

PRODUCERS vs CONSUMERS

ENTREPENEUR-SHIP
NOT EVERY EXPERIENCE IS FOR 'US'
NOT ALWAYS ENTERTAINING OR COSTLY, FANCY FAR

LEADERSHIP

SOCIAL CONNECTEDNESS - INTRODUCTIONS
EYE CONTACT - HANDSHAKE
POISE - ABILITY TO ADAPT
PRESENCE - COMMITMENT
SENSE OF PURPOSE-DEDICATION

Things to Consider to Make it MEANINGFUL

SOPHISTICATION LEVEL DEVELOPMENTALLY APPROPRIATE

CONNECTED TO ABILITIES/INTERESTS
GRASP OF CONCEPTS

TIME-LIMITED, ONE-TIME, REPEAT

ENJOYMENT FACTOR & VARIETY

Develop a PLAN

Decide as a family why you each would willingly take part

Start with a Motto:

"We make a living by what we get. We make a life by what we give"

- Brainstorm all family members
 - Why is this valuable to us?
- What are we willing to commit?
 - o Time, \$, effort
- What are our interests? Abilities?
 - Age, gender, talent, passions
 - How can we include/not burden everyone in the family
- Do we need to prepare anything
 - Make contact with agency, set a date
 - Get materials
 - Being personally prepared

Pick ONE that appeals to everyone

School House Apartments:

- Cooking apple pies
- Decorating the packaging
- Writing a personal note
- Delivering to and socializing

Make it a Tradition

Next time it is someone else's turn to choose!!

Activities and Actions MEANINGFUL CONTRIBUTIONS

YOUNGER CHILDREN

- Kids Care Club
- Food pantry
- Mother's helper
- Read to younger child
- Visit with elder buddy
- Make a family a meal
- Dog walk/pet sit
- Color a card/nature gift
- Lemonade for a cause
- Birthday gift/donation

OLDER CHILDREN

- Soup Kitchen
- Malta House
- Elder Buddy
- Animal Shelter
- Meal/deliver/visit
- Help a teacher set-up...
- Tutor for free
- Blankets, books, bikes
- Midnight run (NYC)
- Summer volunteering

Make a Connection!



Philanthropy with a TWIST

EDUCATIONAL

NATURE-ORIENTED

FAITH BASED

YOUTH GROUP

- Local non-profits (research them)
- NCCF
- Youth Services
- YMCA
- Chamber of Commerce
- Washington Carver Center
- Nature Centers
- Elder Centers/Staying Put
- Event-related efforts (Mikey Czech, MMRF, etc)
- Cross-cultural /international (Skype

International Experience

Integrating educational and philanthropic elements into travel

Find one that already exists

Humanitarian Outreach

Indigenous

Eco-Tourism

Social & Environmental

Conservation (USA)

- Preparation element shots, visa, fundraising
- Cross-cultural experience language, history
- Finding things for everyone to take part in
 - read to babies
 - o play with children
 - Photography
 - Teach and work in field
 - Micro-Finance
- Talk about ups and downs, wonder and fears – scrap-book
- Continue the experience from home
 - revisit reconnect by Skype,
 - make personal connection, gift
- Honoring everyone's interest
 - Vacation experience within
 - Travel and safari
 - Entrepreneur experience

How to Encourage Youth to Volunteer

RESEARCH IT

ASK THEM - FEEL SPECIAL

HAVE SOMEONE ELSE ASK THEM

RECOGNITION

BE A GOOD MODEL

Make it fun - repeat it - talk about it.

Common Barriers to Success What can diminish the experience?

OVER SCHEDULING
UNFAMILIAR CIRCUMSTANCES
AGE-DIFFERENCE/INTEREST OF KIDS

NEED TO MAKE IT BIG
LACK OF A PLAN
GIVING UP

A Few Ground Rules

TEAM EFFORT – FAMILY CONSENSUS

NO QUITTERS OR COMPLAINERS

TECHNOLOGY-FREE

BE CONSCIOUS OF REWARDS

SWITCH IT UP – VARIETY

EVALUATE THE EXPERIENCE TOGETHER

LITTLE BITES – Start Small

ONE-SIZE does not fit all

Need not be weekly, monthly

Don't force it, but don't forget it

If your aim is to strengthen family, keep it in the family

Don't Strive for PERFECTION

Remember your END GOAL

Promoting the EXPERIENCE gives them the basics

You will know when you SUCCEED

WHEN THEY TALK ABOUT IT LATER

(EVEN IF THEY GIVE YOU GRIEF)

WHEN THEY WANT TO RETURN

WHEN THEY WANT TO REPEAT OR MIX IT UP

"oh, yeah, mom and dad are having us bring our favorite (unopened toys) to some kids who really need them" (your younger kids)

"We did these really cool projects as kids that really made me think about what I want to do with my life, and the importance of 'paying it forward'" (older kids)