

PARENTING



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The Pressures Our Students Are Facing



Athletic Pressure

Chase Jansen



Academic Pressure

Katie Kurz



Social Pressure

Trevor De Ghenghi



Schedule Pressure

Kameron Ong



Helping Our Students Navigate Societal Pressures





ISOLATION PARENTING



Adapted from *Real World Parents* by Mark Matlock

What it looks like:

*Sheltering or retreat from
any and all “bad influences”*

What motivates it:

Fear.

Why it doesn't work:

*The “world” tends to
still find it's way in...*

ISOLATION PARENTING



Adapted from *Real World Parents* by Mark Matlock

REGULATING PARENTING



Adapted from *Real World Parents* by Mark Matlock

REGULATING PARENTING



What it looks like:

Rules, “don’t,” “no”

What motivates it:

Control

Why it doesn’t work:

*Ignores decision making
and the bigger picture*

Adapted from *Real World Parents* by Mark Matlock



AGREEMENT PARENTING



Adapted from *Real World Parents* by Mark Matlock

What it looks like:

Being your kids friend

What motivates it:

Your child will “miss out”

Why it doesn't work:

Ignores boundaries all together

AGREEMENT PARENTING



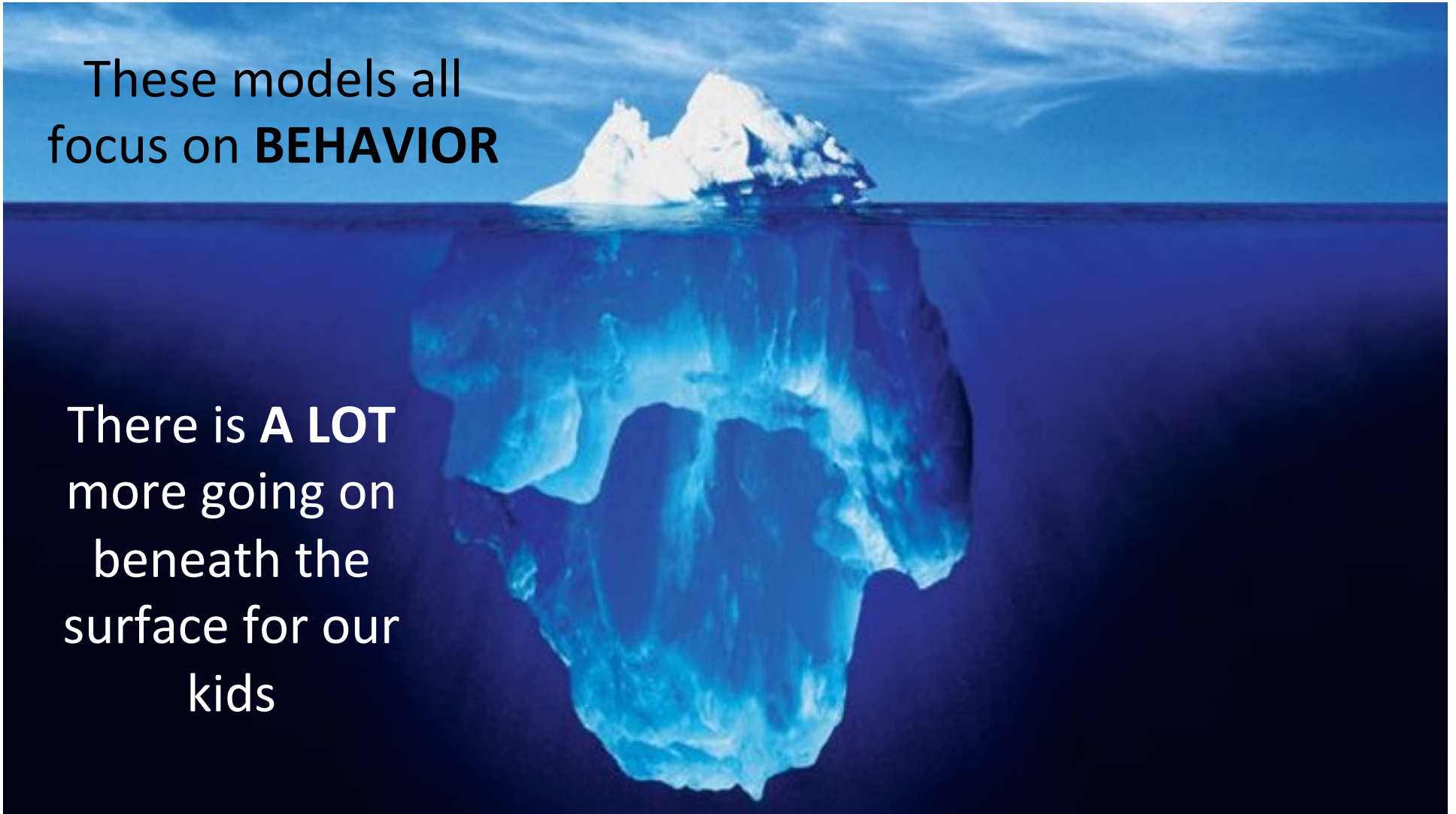
Adapted from *Real World Parents* by Mark Matlock

These models all
focus on **BEHAVIOR**



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focus on **BEHAVIOR**

There is **A LOT**
more going on
beneath the
surface for our
kids



**Do you tend to gravitate toward
isolating, regulating, or
agreement parenting?**



So what does work*?





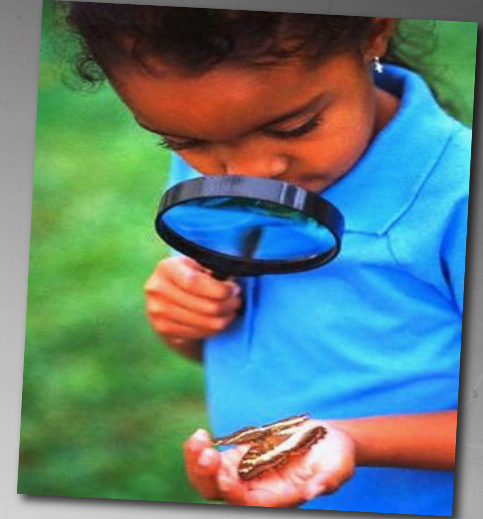
WISDOM PARENTING



Adapted from *Real World Parents* by Mark Matlock

WISDOM...

*the quality or state of being wise;
knowledge of what is true or right
COUPLED with just judgment as to
action; discernment, or insight.*
Dictionary.com



Adapted from *Real World Parents* by Mark Matlock

**Wisdom is context sensitive, so
“being wise” is more about
responding to a situation in life
correctly rather than knowing the
right answer or “acting right”.**

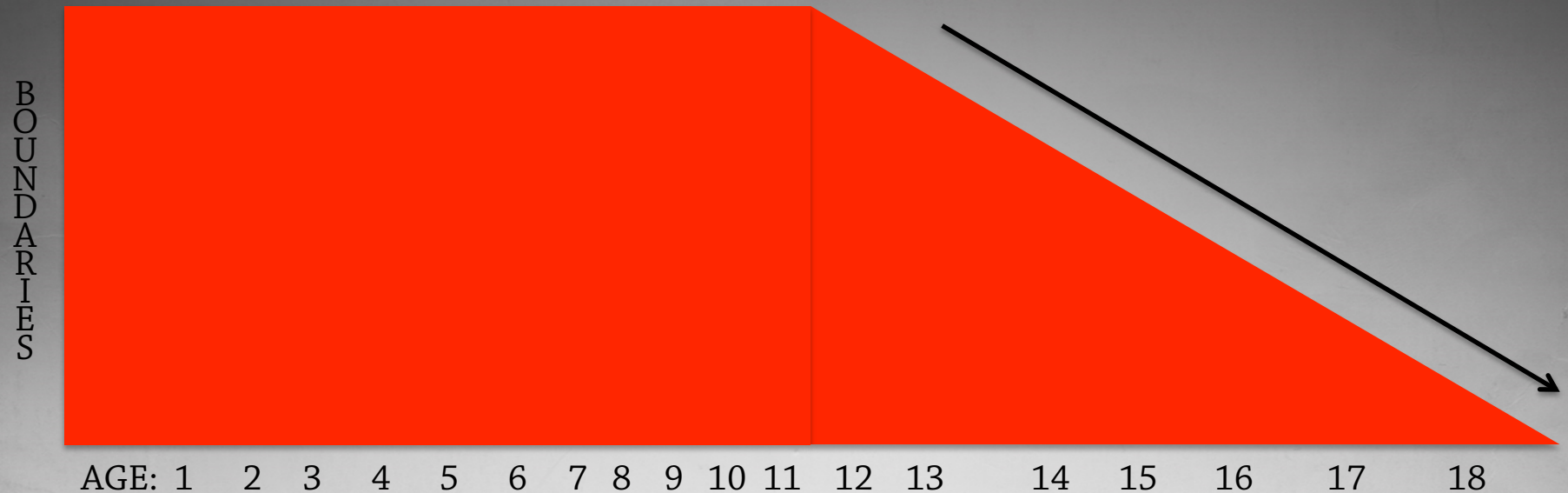


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**Do you know what
societal pressures your
child is facing?**



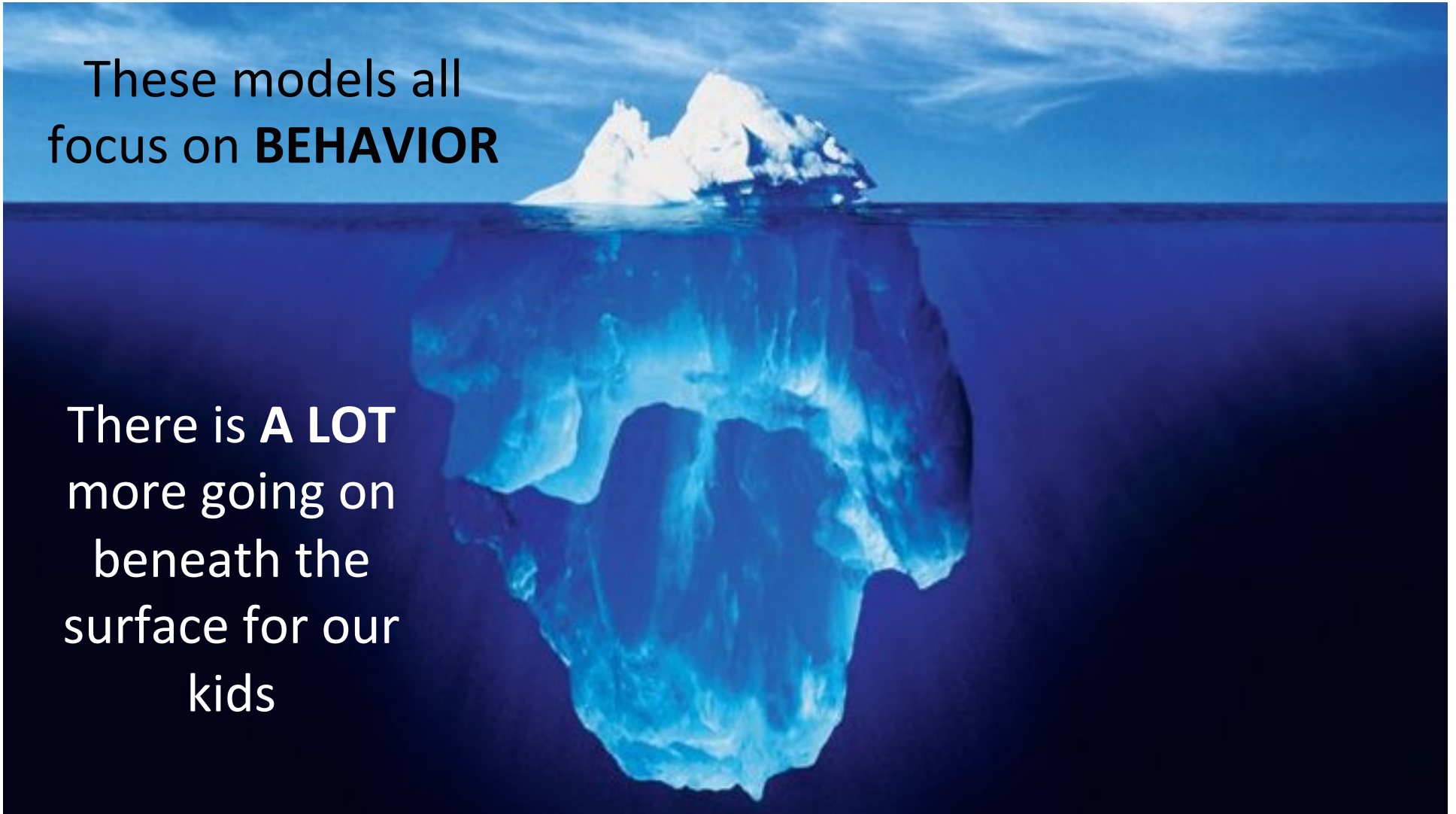
The Goal of Independence



PARENTING
THROUGH SOCIETAL
PRESSURES

These models all
focus on **BEHAVIOR**

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TWO WAYS WE ACQUIRE WISDOM:

1. Direct exposure to their environment
2. Through a mediator



Adapted from *Real World Parents* by Mark Matlock

Direct Exposure to Their Environment

**Do you look for
teachable moments?**



Direct Exposure to Their Environment

**Do your kids
understand
consequences?**



Direct Exposure to Their Environment

**How do you
respond to
failure?**



Through a Mediator

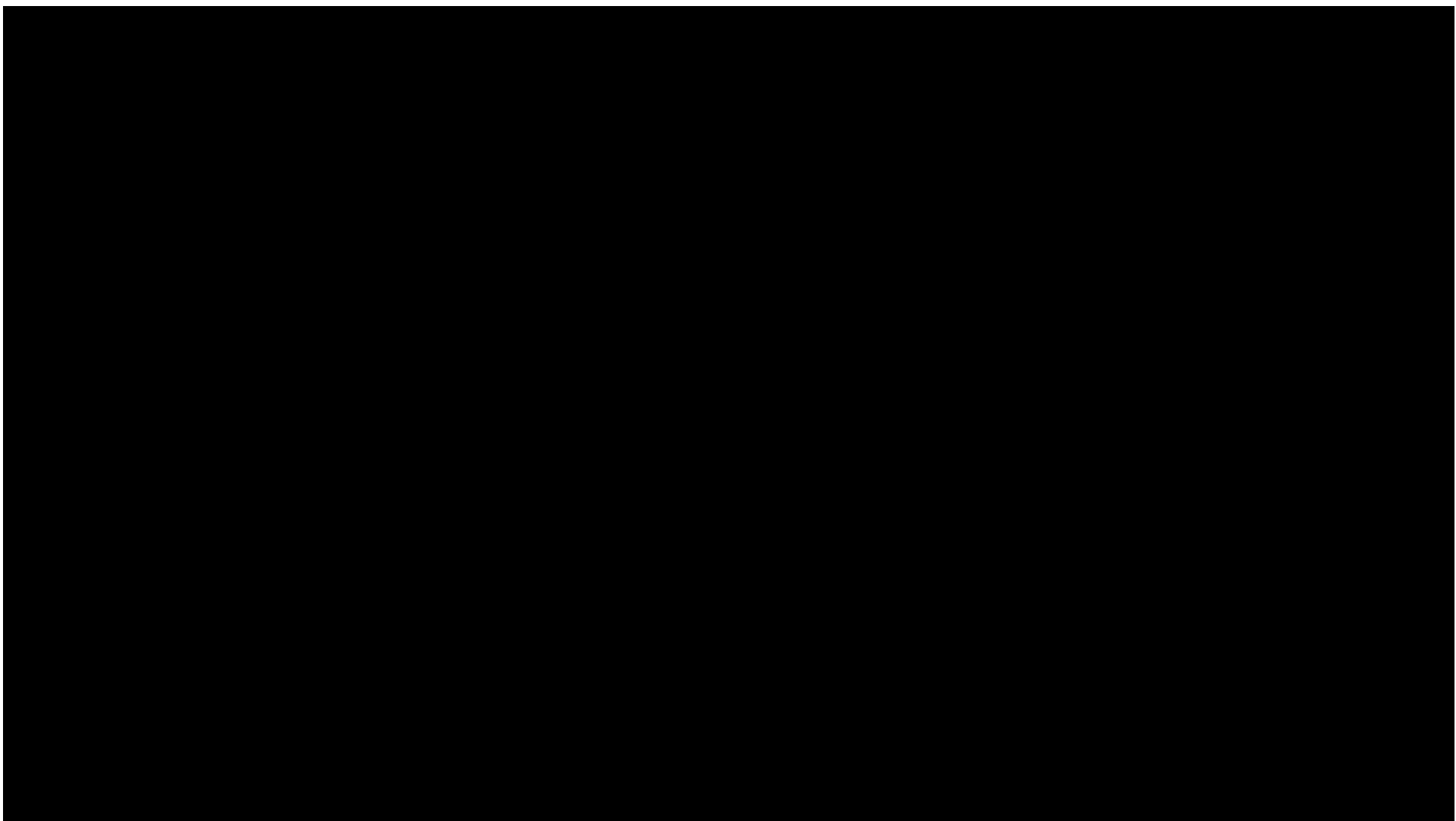
**Who do you want
your child to be?**



Through a Mediator

**Do you
model
wisdom?**





Through a Mediator

**Do you
model
wisdom?**



Through a Mediator

**What are you
teaching your kids
about success?**



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